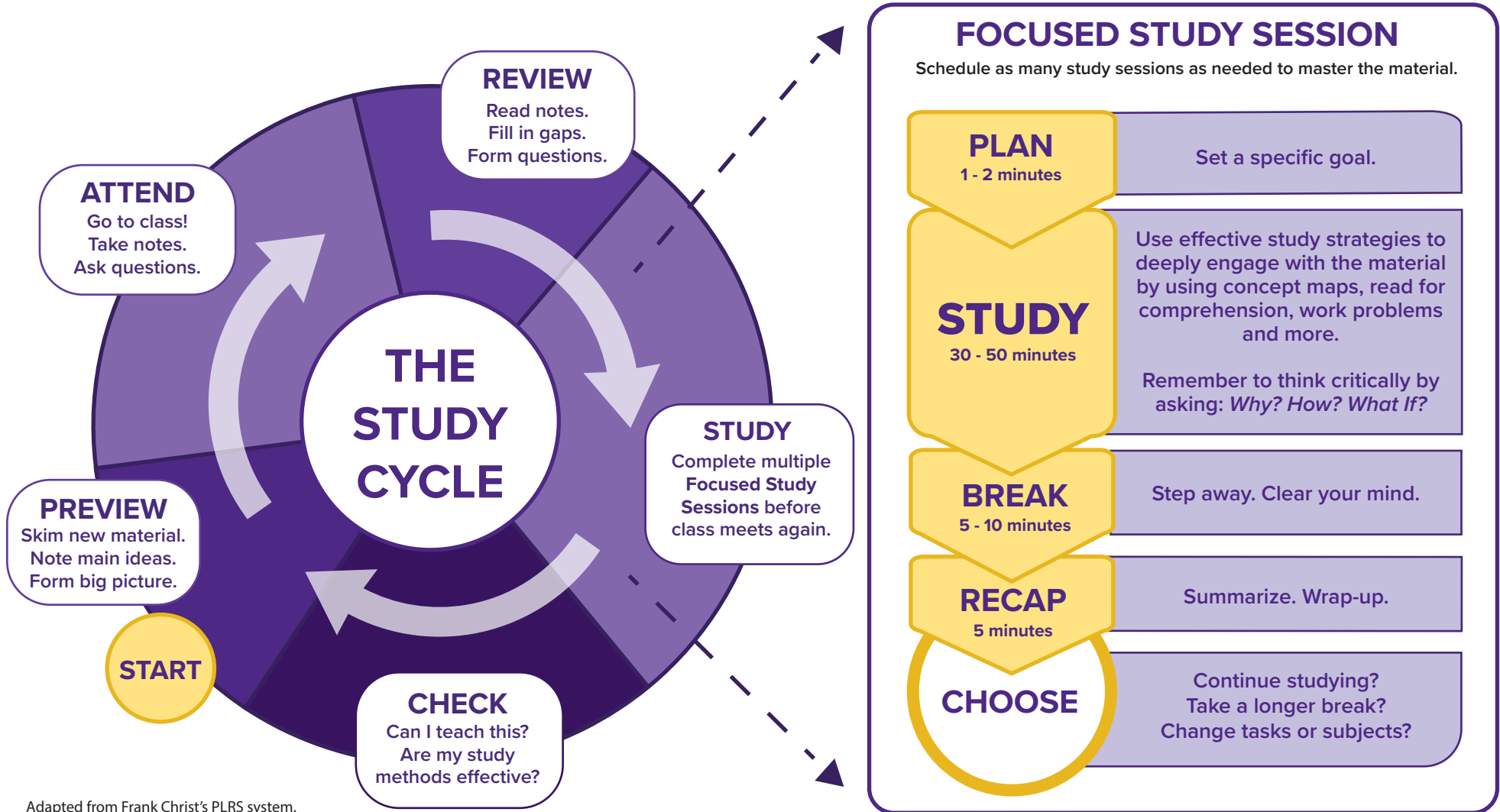


# THE STUDY CYCLE

Use the Study Cycle to get the most out of in-class time and structure your out-of-class time.



Adapted from Frank Christ's PLRS system.

© 2021 Louisiana State University. This work reproduced and distributed with the permission of Louisiana State University. No other use is permitted without the express prior written permission of Louisiana State University. For permission, contact [cas@lsu.edu](mailto:cas@lsu.edu).